

Default Question Block

Hello! We are a group of SMU students conducting a short survey about breaks. We would be grateful if you could help us by answering a few questions. We assure you that your responses will be confidential.

What do you do during a typical weekday break? (please feel free to choose multiple options)

- Eat
- Smoke
- Drink (coffee, tea, etc.)
- Social media (facebook, etc.)
- Surf the net (9gag, youtube, etc.)
- Read (books, newspapers, magazines, etc.)
- Listen to music
- Use your phone
- Others (please specify)

What is the typical duration of your weekday break (excluding lunch)?

- 5 - 15 minutes
- 15 - 30 minutes
- 30 minutes - 1 hour
- More than 1 hour

What do you do during a typical weekend break? (please feel free to choose multiple options)

- Watch a movie / TV shows
- Clubbing / pubbing
- Shopping
- Outdoor activities
- Religious activities
- Dining with friends / relatives
- Read books
- Others (please specify)

At what time(s) of the day do you usually take your breaks (excluding lunch)? (please feel free to choose multiple options)

- 9am - Noon
- Noon - 3pm
- 3pm - 6pm
- After 6pm

How many breaks do you usually take per day (excluding lunch)?

- 1
- 2
- 3
- 4
- More than 4
- None

Why do you usually take a break? (e.g. I take a break because I can no longer concentrate on my work)

Which are your more prominent breaks on a weekday and which is the most important to you?

Do you prefer taking your breaks individually or with other people?

- Individually
- With other people (please specify how many)

When you take your weekday breaks, do you consume any food and/or beverages?

- Yes
- No

Name the food and/or beverages do you usually consume during these weekday breaks? (please mention brands where applicable, e.g. Chocolate - Kit Kat, Cadbury, etc.)?

Block 1

What's your gender?

Male

Female

Which age group do you belong to?

< 12

26 - 34

12 - 18

35 - 49

19 - 25

> 50

What's your occupation?

Student

Businessman

Working professional

Entrepreneur

Homemaker

Retired